



MEETINGS: MONDAYS AT 6:15PM FOR 6:45PM AT ST JOSEPH'S CONFERENCE CENTRE ST JOSEPH'S RD BAULKHAM HILLS NSW 2153

WEBSITE: HTTP://WWW.HILLSROTARY.ORG.AU

FACEBOOK: HTTPS://WWW.FACEBOOK.COM/HILLSKELLYVILLEROTARY/

Welcome Desk: 22nd July: Wilf van Emmerik 29th July: Gordon Scoble

ISSUE 16 N° 4 22ND JULY 2024

PRESIDENT'S MESSAGE

Have you tried out any of the recipes in the "It's not just a Cookbook" ? The production of this book shows what can be achieved by thinking outside the box. Well done Upper Blue Mountains Sunrise Club. As we approach the 50th Anniversary of the foundation of what is now the Rotary Club of The Hills-Kellyville let all of us put our ideas together to come up with a project that showcases the spirit of Rotary and our Club in particular.

It was with some relief that we have engaged a new band for "Jazz at "The Pines"" The final make up of the band line up is well under way and will be released shortly. Thanks to the "Jazz Team".

John C and IPP Ian will represent our Club at the "Community Connect" at the Castle Hill Showground next Saturday 27th. This program is an opportunity for the community to discover what community groups are in the Hills District and for Rotarians to meet up with other likeminded organisations. John



Thought for the week.

"I'm not going to continue knocking on that old door that doesn't open for me. I'm going to create my own door and walk through that." -W.P. Kinsella

CLUB PROGRAM:

Table with 4 columns: JULY, Date, Event Name, and EVENT INFORMATION. Rows include Club Assembly, BBQ for Budgerigar Society, Fran Broadbent, Jennifer Hartnett & Phil Isaac, Club meeting, and Patricia Veale.



In July we wish the following Members & Friends a Happy Birthday: Allan Walker 4th (91 yrs old), Jim Sifonios 6th, Robyn Mackey 10th, Michael Richardson 13th. We also wish a Happy Anniversary to Ian and Ellie Pascoe 10th, Barry and Jennifer Philps 10th, Michael, and Cherry Richardson 13th.

As we celebrate Maternal & Child Health, in July, tonight, we toast The Rotary Club of Calcutta Metro City who are promoting awareness and treatment of thalassemia, an inherited blood disorder when the body doesn't make enough of the protein haemoglobin, hurting red blood cells that carry oxygen throughout the body. They aspire to eradicate the disease in India. In February the club coordinated an educational event attended by 50 young women and mothers in Sonarpur, West Bengal. The gathering was one of dozens of such events since 2022. Please join me in a toast to the The Rotary Club of Calcutta Metro City, India.

From Our Club Meeting, Monday 15th July:

Apologies: Michael Griscti, John Collignon, Wilf van Emmerik, Kudzi Mabaya, Sheila Krishnan and Michael Richardson.

President John van den Burg welcomed members and our Guest Speakers Phil Isaacs OAM and Jennifer Hartnett. He also welcomed Robyn Scoble.

Members of The Rotary Club of The Hills-Kellyville are ordinary people achieving extraordinary results through projects within local, national, and international communities. We constantly strive for the ideal of "Service Above Self" through our humanitarian projects.

Treasurer: Keith reminded members that our Semi Annual Fees are over-due.

International: PDG Barry advised that we still have not received full clearance for our Zimbabwe Moibile Medical Unit. We are also still a little short of our funding tartget but Barry has received verbal commitment from another Rotary club for support that may fill the gap.

More **hospital blankets** have arrived, ready for folding, at HEERA (Health & Educational Equipment Repurposing Activity), previously known as Donations in Kind (DIK) in Castle Hill. Pallets of folded blankets continue to be dispatched to disaster affected areas (Turkey, Palestine, Ukraine, etc).

Foundation: Barry announced that the 2023-24 District funding program has wrapped up well. Evaluation of new Grant applications has commenced.

Club Service: Jim thanked President John for coordinating our first social event of the year. Six members (four with their partners) attended a pre-show dinner at 350 Restaurant (at the Novotel) in Parramatta before enjoying the energetic and entertaining **Cumberland Gang Show**. All who attended had a wonderful evening.

Congratulations to all the drivers for successfully navigating your way to the car park. No mean feat.



Hills Shire Orange Blossom Festival: We have received confirmation that The Sydney Hills Garden Competition and the September, Jazz at The Pines event have been recognised as Official Orange Blossom events. The Council has approved our Grant Application for funding towards the Sydney Hills Garden Competition.

Sub-Committees: Meetings of the Jazz at The Pines and Garden Compoetition sub-committees were held last week at Glenhope. Convenor of both committees, Keith Stapley has requested memebtrs to follow up on tasks, as agreed.

Jazz at The Pines: Several new bands were considered to be introduced into our annual program. The committee agreed to offer the May event to Bathtub Gin Orchestra.

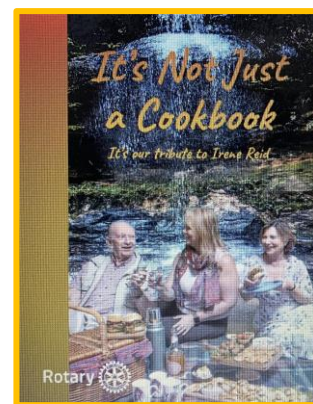
Working With Children Check status: Pres. John reminded members to advise him of their WWCC Registration Number and the Expiry Date. He thanked those who have already done so.

Raffle: Barry Philps won the raffle but could not draw the Joker from the diminishing deck.

Guest Speakers: Jennifer Hartnett and Phil Isaacs OAM: “It’s Not Just a Cookbook”

Under the leadership of Jennifer Hartnett, the Rotary Club of Upper Blue Mountains Sunrise Cookbook Project honours the legacy of the late Irene Reid and the selfless work she undertook within the community as a chef, hospitality manager and caterer.

Launched on November 29, 2022, It’s Not Just a Cookbook is produced mostly from Irene’s diaries, with the author and her team spending many hours, selecting and in some cases deciphering Irene’s more abbreviated hand-written recipes, before all members of the Rotary club participated in testing, cooking, timing and tasting them. The result is an eclectic mix of mostly short, easy recipes, beautifully photographed by local food photographer David Wallace, also a member of the Rotary club.



July is Maternal and Childcare Month

Our club meetings are designed to allow members to interact and enjoy “Rotary Fellowship”. We welcome family members and friends, and we hold many social events, each year to enhance such opportunities.

If you are interested, contact us, or peruse our Web page (www.hillsrotary.org.au).

Inquiries John van den Burg (President) **0419 621 314** or **Wilf van Emmerik** (Secretary) **0428 477 000**

Phill Isaacs O.A.M. M.Sc. JP: Phill was born in Sydney and went to Balgowlah Boys High and Sydney University where he studied Molecular Biology. His employment was in the Scientific Instrument field where he started Beckman Instruments in Australia, finishing employment as Vice President for Asia Pacific. He was a founder and Board Director for a startup Public Company, Genetic Signatures. His Rotary involvement started in North Ryde Rotary (1979) where he served as President for four years. He was also a member of Tokyo South Rotary Club for four years while working in Japan. On moving to the Blue Mountains, he joined Upper Blue Mountains Sunrise Rotary Club. He is currently Joint President (with Jennifer Hartnett) for this year and next.



He was Assistant Governor for one year, District RAM representative for three years and District representative for ROMAC for three years looking after 25 patients during that time. His involvement with RAWCS started by working in PNG on school building projects with Sue O'Neill and then into the development of solar power for computers in remote schools. He has now taken part in some 40 RAWCS trips.

He is married to Carol and lives in Leura. They have two children, Kim a specialist surgeon at St. Vincent's and Mitchell, Director of Knowledge with Water NSW. Hobbies include Bushwalking and Trekking, having been to Nepal on four treks and Bhutan on one trek. Weeding on the Colo River and the South West Coast of Tasmania take up some time in remote areas.

Jennifer Hartnett: Jennifer was born in the Blue Mountains and completed her Fashion Studies at East Sydney Technical College and her Education Studies at the University of Technology, Sydney.

She initially worked as a Designer Patternmaker for Marjory Daw before joining TAFE NSW as a Teacher.

Her career at TAFE included Head Teacher, Manager Staff Learning & Development for Western Sydney Institute and Deputy College Director at both Richmond and Blue Mountains Colleges.

She is a Charter member of the Rotary Club of Upper Blue Mountains Sunrise, which was Chartered in 2001 when her son Brett was only 2 years old. Both her daughters, Krystal and Teagan were born after she joined Rotary. She has held a number of Club Board positions, Vocational, Youth, Treasurer and Membership and is currently the President, joint with Phill for this year and next.

She is married to Mark and her now adult son is a performer for Royal Caribbean. Her daughters are still at High School. She also now holds a Diploma and Graduate Diploma in Interior design and likes to renovate. Her last project is a holiday property at Green Point near Forster.



Irene commenced her career as a nurse and undertook training to become a qualified chef. Irene's recipes were developed over many years of catering, first in Medlow Bath at the couple's general store, then the Chalet Guesthouse and Restaurant, before moving on to the much larger Victoria and Albert Guesthouse at Mt Victoria.

Early in the nineties the couple moved on from the guesthouse and for the next 20 or so years managed or worked at various venues across the Upper Mountains.

The Reids have been involved with Rotary throughout their careers; Bob was a member first at Blackheath and then Upper Blue Mountains Sunrise, while Irene was involved in many Rotary catering activities. Bob and Irene worked tirelessly to support fundraising efforts of the club. Their efforts helped the club's financial viability and gave the club a reputation of having the best catering of any Rotary club in the Blue Mountains.

In 2010, Irene became an Honorary Member of the club and in 2012 was awarded a Paul Harris Fellow Recognition.

Following Irene's passing, the Board were asked for fundraising ideas and reflecting on Irene's service, sharing her vocational skills, Jenny Hartnett suggested the cookbook project. However, soon after, she found out that Irene's recipes were really just lists of ingredients. The method was trapped in Irene's memory. Using the talent in the club, they teamed to morph them into recipes.

The Cookbook is divided into 6 main popular categories: Taste Tempters; The Main Event; More Than Tossed; Delicious Desserts; Sharing Delights and Kids Kitchen Capers.



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The club members trialed the menus and selected the best ones for the book. They used “Create Cookbooks” application, which had many templates and icons to choose from. Two photographers in the club worked together tirelessly, to get the most effective shots for each recipe.



Phil added his marketing expertise and led the search for sponsors.

They selected to print the books in China, which kept the cost down and engaged sufficient sponsors to cover preparation and publishing costs.

All money raised from the sale of It’s Not Just a Cookbook goes to the Rotary Club of Upper Blue Mountains Sunrise’s Homelessness Project.

The project launch was attended by 176 people. The first book was auctioned, with items from the cookbook, raising \$1000. 220 Books were sold and over \$20,000 was raised at the launch.

The Club has made a long-term commitment to helping the homeless in the Blue Mountains. They have now raised over \$75,000, to this critically important Mountains initiative and believe that this is just the beginning.

A group of Rotary Clubs are now negotiating with a range of stakeholders, including state government, BMCC, social housing organizations and corporates on advancing this major project. Though this process has been complex and taken over 4 year. Land, owned by RMS, that was vacant for over 20 years, on the Great Western Highway (Katoomba) for this project. Five, Tiny Homes were planned for this property and the Government approved a \$40,000 grant. However, only a 5 year lease was available, so the project was stalled and the grant was withdrawn.

The club is working with Link Wentworth Housing, who is looking to purchase land and build a more substantial facility. They will eventually take responsibility for managing tenancy and on-going maintenance of the homes.

Progressing this project is a priority and light is visible at the end of the tunnel.

President John thanked Jenny and Phil for their very interesting and entertaining presentation. On behalf of the club he presented our Certificates of Appreciation.

Numerous copies of the Cookbooks were purchased by members, on the night.

More available in hard copy or digital format:

Contact: Jenny Hartnett Walton jenmarkwalton@gmail.com



SAVE THE DATE

FREE EVENT

COMMUNITY CONNECT

Your chance to discover the community groups of The Hills

SUN 28 JULY 2024
@ 10AM - 2PM

HARVEY LOWE PAVILION
CASTLE HILL SHOWGROUND


Hosted by:
NorWest Sunrise
Rotary

Proudly Supported by:
THE HILLS
Sydney's Garden Shire

MORE INFO

Monday 29th July, 2024

Patricia Veale



“Woodside Sanctuary”

St Joseph’s Conference Centre
6:15 for 6:45pm

Monday 5th August, 2024

Michael Jeh

“Hannah’s Story. Small Steps 4 Hannah”



St Joseph’s Conference Centre 6:15 for 6:45pm

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